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**CON + ACT**

**WOODFORD METHODIST CHURCH  
DERBY ROAD  
SOUTH WOODFORD E18 2PU**



**AUGUST / SEPTEMBER 2012**

## AN INVITATION

To all who are weary and need rest  
To all who are friendless and desire friendship  
To all who believe in God and wish to worship Him  
To all who are grateful and would give thanks  
To all who hunger for prayer and wish to pray  
To all who know sin and need the Saviour  
This Church opens wide its doors  
And in the Name of the Lord Jesus bids

## WELCOME

**WOODFORD METHODIST CHURCH**

New ways to get in touch with us

**Website:**

[www.woodfordmethodistchurch.org.uk](http://www.woodfordmethodistchurch.org.uk)

**Email:**

[info@woodfordmethodistchurch.org.uk](mailto:info@woodfordmethodistchurch.org.uk)

**OUR DOOR**

O God, make the door of this house wide enough to receive all who need human love and fellowship, narrow enough to shut out all envy, pride and strife. Make its threshold smooth enough to be no stumbling block to children, nor to straying feet, but rugged and strong enough to turn back the tempter's power. God, make the door of this house the gateway to thine eternal kingdom. Amen.

*(Inscription over the door of a church)*

AUGUST / SEPTEMBER 2012

**The Methodist Church**  
Woodford Congregation in Forest Circuit (35/33)

Derby Road,  
South Woodford  
E18 2PU

Tel: 02085234035

Please visit our website:  
[www.woodfordmethodistchurch.org.uk](http://www.woodfordmethodistchurch.org.uk)

**Our Vision:**

*“United in love & Service for  
the Glory of God!”*

**Living out the Vision in an all embracing attitude:**

Someone once said to me; “**Let your Attitude determine your Altitude in life!**” This helped to foster the understanding in me that when you look at challenges positively, you can help turn the negative to your advantage such that you succeed even in spite of the odds.

With the Olympics (especially the Paralympics) right on our door step, we are reminded of people who have worked tirelessly to perfect their performance ability. Whilst the Christian life is not mere performing, there is a sense that the community watches how we perform as a church and responds to us in like manner. Over the past few months, I believe we have ‘performed’ well and have really flown the ‘flag of faith’ in our community. This, to me, is testimony that the best we can do is to be sure to be visible and accommodating to all who come to our door. To go so far as to stand on the doorsteps of those who wouldn’t otherwise come and invite them to come and share in our excellent fellowship. There is no doubt that we have a lot to offer and through our being here, Woodford is certainly a better place and an oasis for those who are weary and require rest. Just as we agreed during our visioning time:

- ◆ **Uniting in Love & service means...**
  - ✓ **Welcoming** the ‘World’ into our space
  - ✓ **Linking ourselves** with our community
  - ✓ **Serving God & our neighbour** excellently
  
- ◆ *It is our aim to move beyond our comfort zones, to embrace our Methodist heritage as we develop the attitude & character of servanthood to all whom we encounter.*

There is no doubt that a positive attitude is indeed very necessary to achieve one’s goals in life and that certainly remains true for the church as well.

At WMC, we have that kind of attitude and we continue to embrace our challenges positively. It is quite humbling to see how in spite of being stretched in terms of human power, we still managed to put together a delightful open day, church anniversary and continued coffee and fellowship at the Haven. I am extremely proud of you all and am in awe of what you can really achieve when you set your minds to it. I sincerely thank God for you all and your endeavours.

As we enjoy the summer period, know that God is pleased with your efforts and maintaining the same attitude that depicts our resilience and passion, I’m sure we will return to

the start of the new Connexional year with renewed vigour and the same sense of purpose to be ***a beacon of hope and a light for the nations*** in all that we do.

I pray you all have a happy summer and for those going on holiday, may you enjoy a very well deserved rest and return with even more heightened expectation for ***what God is about to reveal to us as He does a new thing in us.***

I wish you God's SHALOM, successful summer games and lovely holidays in Christ grace;

**Warm Christian Greetings & Blessings,**  
Revd. Jongi.

### **CHURCH FAMILY NEWS**

Eunice Grant has had a successful operation on her leg and is returning home today. (Thursday, 19th July) We hope that Eunice will recover well and be able to walk in comfort and without pain.

Please remember Ivy Derry and Wendy Simmons in your prayers as they are unable to worship with us.

Congratulations to David Lloyd who has worked for and gained Grade 4 in Piano. Well done!

Congratulations to Simon Lloyd who celebrated his 21st Birthday on 24th July and congratulations also on gaining a 'double 1<sup>st</sup>'. He will return to Cambridge in September for 4 years to study for a Masters which will lead to a PhD in Economics.

By the time the next Contact is printed, all those taking exams will have had results and the new school and university term will be about to start. Enjoy August and relax. Let's hope for some sunshine soon!

It is with sadness that we record the death of Trevor Viggers from Wanstead. Trevor was a dedicated worker for his church and for the circuit. He was our accounts auditor. Our prayers and condolences go to Barbara and family and also church members at Wanstead - they will miss him.

We were blessed recently with a substantial legacy from Jim Hodgson. A hymn book trolley will be purchased and will be dedicated in Gladys and Jim's memory.

Saturday, 1st September, Wesley's Chapel – Time to be advised. The induction of Michaela Youngson as District Chair.

### **BOOK ROTA**

#### **AUGUST**

5	Roger Cornish
12	Marilyn Hawes
19	Eunice Grant
26	Betty Kelly

**SEPTEMBER**

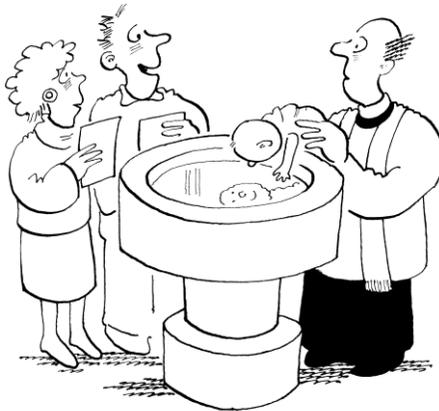
2	Frank Patient
9	Andrew Burnell
16	Sheila Platt
23	Joyce Dongray
30	Roger Cornish

**FLOWER ROTA**

<b>Aug</b>	5	Miss Joyce Dongray
	12	
	19	Misses M. & K. Poole
	26	
<b>Sept</b>	2	
	9	
	16	Mr Michael Brennan
	23	
	30	

If the flowers are not required for the following week, will the arranger please distribute/remove them after the evening service as they will die in the church if they are not watered.

*Maureen Poole*  
*Flower Rota Secretary*  
*(020 8504 8474)*



'Narcissus' - please...

**EASY (?) SUDOKU**

Solution grid at the end of the Contact

						7	9	
	8	1	6			5	3	4
				4	8		2	
4			5			8	7	
7			3		9			2
	5	8			4			6
	6		7	3				
2	9	5			6	3	4	
	7	3						

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**OPEN DAY 2012**

Our Open Day on 30th June has now taken place and I hope all those who came along agree that it was a success. Many thanks to all who were involved in the day.

We had a variety of musical offerings to keep things lively. In the morning the Woodford Singers provided a short programme, which included the theme tune from Blackadder and the Military Wives' "Wherever you are". From late morning through lunchtime some members of the Shern Hall Steel Band entertained passers-by, some of whom stopped to listen and join in, and in the afternoon Simon and David Lloyd played jazz on saxophone and piano.



The organisers of the Young Church and the Toddler Group provided activities for the children throughout the day; the Boys' Brigade gave a fencing demonstration, and the Knit and Natter Group stall was a good attraction indoors. We also had displays from the Lunch Club, Social Group and Thursday Club.

It was interesting to watch the gazebo being erected by Peter, George and Mick; this edifice, which stretched the width of the front of the church, stood up valiantly to the weather which although sunny and bright for most of the day, was also quite windy at times!

Two of our local Community Police Officers came along to see what was going on; they then stayed for quite a while, and were seen playing the steel drums at one point. Our illustrious Minister, the Rev Jongi Zihle, was also entertaining, joining in with the dancing and singing along with the band.

The Haven did a good trade in tea, coffee, squash and cakes, which were provided free of charge. In spite of that, donations for refreshments covered the printing costs for our marketing leaflets.

Altogether I think we can say that Woodford Methodist Church made its presence felt in Derby Road on Saturday 30<sup>th</sup> June.

*The Open Day Team*

### **CHURCH ANNIVERSARY**

The day after the Community Open Day, we celebrated the 136th Anniversary of our Church. The services were taken by Revd. Eleanor Jackson. Eleanor talked of the competitors in the Olympics being part of a team. Even if you are competing in an individual sport you have to belong to a team to enter. The Olympic flame has been passed on from one torch to another as it has travelled around the country. The young people were encouraged to hand on the 'flame' from one 'torch' to the other. Eleanor likened these examples to each generation over the 136 years handing over the responsibilities to the next one and the importance of being part of a team. After the service we had a Family Lunch prepared and served by Michael Brennan and team.

### **CHURCH ANNIVERSARY AND GIFT DAY**

We were delighted to have Reverend Eleanor Jackson to be with us for the Anniversary Services and Gift Day on 1st July. Michael Brennan arranged an excellent lunch after the morning service for which we thank him most sincerely.

The total received for the Gift Day to date is £1662.00. It was good to hear from both Mary Graves and Stan Dean who were members here some time ago and our thanks to them and to all who helped to raise this amount.

*Jeanne Roughton  
Asst. Treasurer*

## NEWS FROM THE FAMILY AND MISSION COMMITTEE

Our Harvest Festival will be held on Sunday morning 7th October at 10.30am when we hope that our own minister Rev Jongikaya Zihle will be the preacher. The service will be All Age Worship and member of the Boys' Brigade will be parading on that morning, and will be presented with their membership cards for the year.

We shall be receiving gifts that will be given to the Redbridge Night Shelter. They particularly appreciate gifts of tinned and dried food; for example: tinned meat, fish and vegetables, along with pasta and rice. They also need hot chocolate, coffee and sugar, along with breakfast cereals.

The next meeting of this committee will be on Thursday 18th September at 8.00pm.

*Phyllis Lloyd*  
*Family and Mission Secretary.*

## WOODFORD FESTIVAL 2012

This year's Woodford Festival will run from Saturday 6th to Sunday 14th October. This year we are again hosting the Arts and Crafts Fayre on Saturday 6th October, and like last year we shall be providing light refreshments throughout the day. Offers of cakes, as well as helping in serving refreshments in the Haven will be gratefully received. Please see the weekly notice sheet for more details. On Saturday 13th October, we will be holding a concert by Jonathan Pease at 7.30pm. Entrance is free but there will be a Retiring Collection, for the Redevelopment Fund. The programmes for the Festival will be available in September.



"You should have a motto for your sermons, dear – Better, Clearer, Shorter ."

## OLYMPIC EVENT AT ST. MARY'S.

Saturday, 4th August. St. Mary's will be showing the Olympic Games on large screens from 10am – 8pm in the Memorial Hall. Activities will be provided for children and young people. The event will be followed by a BBQ.

Sunday, 5th August. The big screens again will be showing the Olympics from 12 noon - 6pm. The event will be followed by a three-course meal at 7.30pm.

## THE HAVEN at Woodford Methodist Church, Derby Road E18 2 PU

### COFFEE DROP-IN TUESDAY MORNINGS - 9.30AM- 12 NOON

Our Haven Coffee Drop-in Sessions have now been going for 18 months, and are proving a lively social contact point for those that come along. The Haven is open to everyone from the age of 0 – 100+! We serve various types of coffee and tea as well as biscuits and cakes (often home-made) at very reasonable prices. If you are free on a Tuesday morning we would love to see you.

On the second and third Tuesdays of every month the takings are sent to a charity; those supported include the Marie Curie Cancer Care, MacMillan Coffee Morning, the MS Society, Amnesty International and the Karibuni Trust for Street Children, to name but a few.



### CREAM TEAS IN THE HAVEN

As well as continuing with the Tuesday morning coffee, during the “summer” months we will be serving Cream Teas in the Haven on Saturday afternoons from 2.30 – 4.30pm on the following dates:

**Saturday 18th August**

**Saturday 22nd September**

Do come along and enjoy scones, jam and cream with your cup of tea, and possibly cake as well! Again, the prices will be reasonable. We look forward to seeing you there.



**THURSDAY CLUB**

The new session of the newly formed Thursday Club begins on 6<sup>th</sup> September from 2.15pm in the Haven, and thereafter on the first Thursday of each month. If you are able, we hope to see you there.

*Ann Hunter*

*Secretary*

*(020 8527 6089- annhunter59@hotmail.com)*



"It's not a quotation or sermon theme, it's just a warning about the low doorway"

**STEWARDS' ROTA**

<b>Aug</b>	5	10.30am	Ellis Bulley	Ken Burnell
	12	10.30am	Ann Hunter	Kate Poole
	19	10.30am	Ellis Bulley	Kathy Nixon
	26	10.30am	Kathy Nixon	Maureen Poole

A Happy old Age

A little more tired at the end of the day,  
 A little less anxious to have our own way  
     A little less care for gain or gold  
     A little more zest for the days of old  
     A broader view and a saner mind  
     A little more love for all mankind  
 A little more love for the friends of youth  
 A little more zeal for established truth  
     A little more charity in our views  
     A little less thirst for the latest news  
     A little more leisure to sit and dream  
     A little more real the things unseen.

*From The Drive, Ilford*  
*Methodist Church Magazine*

Take – and receive

Take, Lord, and receive all my freedom, my memory, my intelligence and my will –  
 all that I have and possess. You, Lord, have given those things to me. I now give them  
 back to you, Lord. All belongs to you. Dispose of these gifts according to your will. I  
 ask only for your love and your grace, for they are enough for me.

*A prayer of Ignatius of Loyola (1491 – 1556) founder of the Society of Jesus.*

**AUGUST / SEPTEMBER DIARY****August**

- 1<sup>st</sup> Social Group - 8pm in the Church Hall
- 3<sup>rd</sup> St Mary's Lunch - 12 noon - 2pm
- 4<sup>th</sup> Olympic Big Screen Event at St Mary's - 12 noon till 8.00 pm (and also Sunday 5<sup>th</sup> – from 12 noon till 6pm)
- 5<sup>th</sup> Morning Worship – 10.30am – Mrs Judith Lampard  
Evening Service – 6.30pm at North Chingford
- 12<sup>th</sup> Morning Worship – 10.30am – Rev. Jongi Zihle (S)  
Evening Service – 6.30pm at Winchester Road
- 13<sup>th</sup> Lunch Club – 12noon - 1.30pm in the Hall
- 15<sup>th</sup> Social Group 8pm in the Church Hall
- 18<sup>th</sup> Cream Tea in the Haven - 2.30pm to 4.30pm
- 19<sup>th</sup> Morning Worship – 10.30 am – Mr David Bowers  
Evening Service – 6.30pm – Rev. Jennifer Potter
- 26<sup>th</sup> Morning Worship – 10.30am – Mr Samuel Quayson
- 29<sup>th</sup> Social Group - 8pm in the Hall

**September**

- 2<sup>nd</sup> Morning Worship – 10.30am -  
Evening service – 6.30pm -
- 5<sup>th</sup> Social Group - 8pm in the Hall
- 6<sup>th</sup> Thursday Club - 2.15pm in the Haven
- 7<sup>th</sup> St Mary's Lunch - 12noon -2pm
- 9<sup>th</sup> Morning Worship - 10.30am -  
Evening Service – 6.30pm -
- 10<sup>th</sup> Lunch Club - 12noon - 1.30pm in the Hall
- 12<sup>th</sup> Social Group - 8pm in the Hall
- 16<sup>th</sup> Morning Worship – 10.30am -  
Evening Service – 6.30pm –
- 22<sup>nd</sup> Cream Tea in the Haven - 2.30pm – 4.30pm
- 23<sup>rd</sup> Morning Worship - 10.30am -  
Evening Service – 6.30pm -
- 26<sup>th</sup> Social Group - 8pm in the Hall
- 30<sup>th</sup> Morning Worship - 10.30am -  
Evening service – 6.30pm -

**EASY SUDOKU SOLUTION!****(Did you get it right?)**

6	4	2	1	5	3	7	9	8
9	8	1	6	2	7	5	3	4
5	3	7	9	4	8	6	2	1
4	2	9	5	6	1	8	7	3
7	1	6	3	8	9	4	5	2
3	5	8	2	7	4	9	1	6
1	6	4	7	3	5	2	8	9
2	9	5	8	1	6	3	4	7
8	7	3	4	9	2	1	6	5

The Editor for this edition was Abigail Bulley. Contributions for the next edition to be sent to Mrs Ann Hunter, 27 Baliol Ave. Highams Park, E4 6LX (tel. 020 8527 6089, e-mail: [annhunter59@hotmail.com](mailto:annhunter59@hotmail.com)) by midday on Tuesday 18th September 2012, please.

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**Activities day by day**

Sunday	10.30 am	Worship Service
	6.30 pm	Worship Service (1st, 3rd & 5th in month)
Monday	12.00 – 1.30 pm	Lunch Club (2nd in month)
	4.45-5.45 pm	Karate Class
	6.00-7.30 pm	Brownie Pack
	7.45-9.00 pm	Yoga Class
Tuesday	8.30-11.30 am	Sticky Fingers
	9.30-12 noon	Coffee in the Haven
	1.30-3.30 pm	Toddler Group
	3.45-5.15 pm	First Class Learning
	4.15-5.45 pm	Tudor Rose Dancing Class
	6.30-8.05 pm	Boys' Brigade (Anchor Boys & Juniors)
	7.45-9.45 pm	Boys' Brigade (Company Section)
Wednesday	9.45- 10.45 am	Pilates Class
	4.15-7.30 pm	Tudor Rose Dancing Class
	7.30-9.30 pm	Woodford Singers
	8.00-10.30 pm	Social Group (1st, 3rd & 5th in month)
Thursday	10.30- 11.15 am	Hey Diddle Diddle
	2.30-3.30 pm	Thursday Club for Ladies (alternate weeks)
	4.15-5.45 pm	Tudor Rose Dancing Class
	8.00 – 9.30 pm	Knit and Natter (alternate weeks)
Friday	8.30-1.00 pm	Sticky Fingers
	4.15-7.30 pm	Tudor Rose Dancing Class
Saturday	9.30-2.00pm	Tudor Rose Dancing Class

If you have any changes in your usual activities, please let the Lettings Steward (*Peter Nixon*) know as soon as possible.

**OUR DOOR**

O God, make the door of this house wide enough to receive all who need human love and fellowship, narrow enough to shut out all envy, pride and strife. Make its threshold smooth enough to be no stumbling block to children, nor to straying feet, but rugged and strong enough to turn back the tempter's power. God, make the door of this house the gateway to thine eternal kingdom. **Amen.**

*(Inscription over the door of a church)*